Now is the time...
to take on the mental health crisis in America.
Every community is touched by individuals with mental health issues, whether it manifests itself as homelessness, addiction, suicide, or school troubles. Most families have been touched by this mental health crisis, and often find resources and much needed help either out of reach, incomplete or just too expensive.

Now is the time...
to battle the stigma of mental health issues.
While our society is making great strides in recognizing the impact of this mental health crisis, awareness, patience, empathy and resources still lag behind where they need to be.

Now is the time...
to create more resources for mental health.
Especially now, when resources are literally shrinking, here in our community and across America.

“Now is the time to not only support mental health, but to innovate more solutions, create more programs, build more infrastructure, and make mental health the priority it absolutely must be... for the well-being of our children, our families, and our communities.”

— Susan Resko, President

The Josselyn Junior Board
1st Annual Run for Mental Health
Today, there’s never been a better time for The Josselyn Center.

There’s never been a better time for The Josselyn Center to be growing, innovating and focusing on our approach to this community and national crisis. We offer wraparound mental health services for anyone and everyone who needs them, without waiting, without strings and without exception.

By providing the full spectrum of care, we see first-hand that lives are changed when the right services and the right care are received.

At The Josselyn Center, we remove barriers to care. Typical long wait times are removed by our Immediate Access Walk-In Clinic where needs can be assessed, and the shortage of psychiatrists is resolved by on-site psychiatry and tele-psychiatry.

Our Drop-In Center and Living Room offer companionship and care for those who need support, guided by someone in recovery, and our therapeutic summer camp offers children the chance to overcome issues in an accepting and growth-based environment. Our supported employment specialists help clients find the right job, because employment helps people recover.

We provide care for those experiencing a wide range of mental health challenges, from overwhelming situational challenges to those living with chronic conditions like anxiety, major depression, bipolar disorder or schizophrenia.

By accepting insurance and Medicaid, and offering a sliding fee scale, we can accommodate nearly everyone. All of this is offered here under one roof, right away.

People often think mental health services are too difficult to access. Our Immediate Access service helps take away that barrier.

— Jennifer Stranski, LCPC, Therapist

SERVICES FOR ADULTS, CHILDREN, SENIORS, AND FAMILIES

Walk-In Services
Therapy
Psychiatric Services
Psychological Testing

Drop-In Center
Living Room
Supported Employment
Camp Neeka – a therapeutic summer camp for kids
The Josselyn Center’s mission is to provide affordable mental health services that make lives better for our clients, their families, and communities.

We envision a world where all individuals and families affected by a mental health condition have access to affordable, quality care, regardless of their ability to pay.

Clients come first here. Anyone who seeks help is welcome; there are no barriers to receiving care here.

— Tamara Newell, LCSW, Therapist
Our Capital Campaign, **Building for Mental Health**, reached its $3 million goal nearly one year ahead of schedule, and it continues to grow. This ambitious undertaking enabled the complete renovation of our Northfield Center; the initiation of new programs and planning a new facility in northern Lake County for 2020. Our Northfield office renovation is now complete with the addition of an ADA-compliant elevator that makes our building accessible to all for the first time. The purchase of an adjacent office building has allowed an increase in the number of clinical staff in order to serve even more individuals needing our services.

While this capital campaign is succeeding for a wide variety of reasons, we believe one reason stands out above the rest. **Our donors understand the immediate need to improve the lives of all those touched by mental health issues, from individuals to the broader community.** And as the Josselyn Center grows in depth and delivery of services, the need continues to grow as well.

Today, Josselyn Center clients enjoy freshly updated, calming and comfortable, well-designed environments where they can receive support, and new, innovative programs in art and sensory therapy, employment, and tele-psychiatry. From utilizing new technologies, to creating programs and therapies based on the latest research, Josselyn Center continues to push forward into the future of mental health support. All of this is because of our donors’ generosity, which allows Josselyn’s services to effectively reach more people seeking mental health care with expanded programs.

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In just one short year, we’ve placed 17 people in jobs! In nearly every case, working improves their mood and self-image.

— Angela Jabbour, Employment Specialist

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Newly remodeled waiting room
405 Central Avenue

Newly remodeled Group Room

Art therapy session
BUILDING FOR MENTAL HEALTH CAMPAIGN DONORS — as of June 30, 2019 —

We are grateful to the following donors of $5,000 and above to our capital campaign, which has enabled the growth of Josselyn Center services.

Anonymous
Vicki Bosler
The Buehler Family Foundation
Mary and Fred Campobasso
Angie and Joe Campolo
Cook County Community Development Block Grant Program
Designs 4 Dignity*
Robin Doerge
Elizabeth and Tim Dugan
Deborah Kanner Ebner and Family
Kris and Ken Fishman
Gailee and Neil Fitzpatrick
The Foglia Family Foundation
Garrett Family Foundation
Bert Getz (The Globe Foundation)
Debra and Dan Gill
Dorothy Gill
The Grainger Foundation
Melanie and Robert Harris
Cynthia and Dan Helle
Leslie and Michael Holling
Iceberg Enterprises* 
Jean Paul Ohadi Foundation
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Kellogg School of Management Annual Charity Ball
Drs. Ruth and Louis Kraus
Douglas Mabie
John O Mabie
Janice and Butch MacVicar
Mary and Larry Mages
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Eric and Gloria Matalin
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Anne and Glenn Trout
Adrienne and Scott Weisenberger
Mary and Rob Womsley

* Denotes In-Kind Donation

Annual Fund donors are listed at www.josselyn.org

I like giving people whose voice has been taken from them a safe place to reconnect with their feelings and to act.

— Matthew Frank, Therapist, MSW, CADC

FISCAL YEAR 2018–2019

REVENUE: $3,927,218

EXPENSES: $3,227,138

INVESTMENT INCOME

(Client Fees $104,594)

Insurance $1,207,520

Insurance $1,207,520

Donations $1,793,857

Government $691,970

Management & General $328,015

Fundraising $414,608

Programs $2,484,515
OUR SERVICE AREA

The Josselyn Center
405 Central Ave.
Northfield, IL 60093

THE JOSSELYN CENTER | Mental Health For Clients
                      | Hope For Families
                      | Healing For Communities

Camp Neeka kids enjoying a field trip